

COUNTY OF DEL NORTE

DEPARTMENT OF HEALTH AND HUMAN SERVICES PUBLIC HEALTH BRANCH

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FOR IMMEDIATE RELEASE

DATE: August 25, 2023

SUBJECT: DECREASE RISK OF COVID TRANSMISSION IN CONGREGATE SETTINGS

As we come together to support each other during this emergency, we ask that you consider the following message in order to keep yourself and our community safe.

The number of COVID-19 cases in our community has increased and community transmission rates are now high. Hospital admission levels due to COVID-19 remain low at this time, and we wish to keep it that way.

We are strongly encouraging masking in congregate settings such as at the shelter, healthcare and jail facilities. Also, we ask that you consider other recommendations, such as:

- Getting vaccinated and boosted.
- Isolating if you test positive for COVID-19. Talk to your doctor if you have symptoms, and require treatment.
- Getting tested and distancing yourself from others if you are sick.
- Monitoring your symptoms if you have been exposed.

Children, older adults, pregnant women, individuals with chronic health conditions such as heart or lung disease (including asthma and diabetes) are already at a higher risk for complications due to smoky conditions, and we ask that we all do our part to decrease the spread of transmission of COVID-19 within our community.

Thank you for doing your part to keep Del Norte County safe and healthy. Please reach out to Del Norte County Public Health at 707-464-0861 if you have questions or concerns, or you can visit our website at <u>co.del-norte.ca.us/covid19</u>.